

NEWS RELEASE

Cariboo Rose Announces 139.9 Metres of 0.31 g/t Gold Drilled at Canadian Creek

October 10, 2007

Cariboo Rose Resources Ltd. ("Cariboo Rose") (TSX-V: CRB) has received analytical results for five diamond drill holes totaling 879 metres (2,884 feet) completed in July of this year at the Canadian Creek copper-gold-molybdenum property. Canadian Creek, located in the Yukon approximately 300 km northwest of Whitehorse and 160 km south of Dawson City, is owned by Cariboo Rose Resources Ltd. and is under option to Veraz Petroleum Ltd. (CNQ: VRAZ).

Canadian Creek is adjoining the west side of Western Copper Corporation's (TSX: WRN) Casino deposit and has two types of mineralization: porphyry style copper-gold-molybdenum and intrusion related gold. Highlights of this year's program include hole 07-04, which returned **0.31 g/t gold (with 516 ppm copper and 15 ppm Mo) over 139.9 metres (9.1m to 145.0m)**. A narrower interval in this hole returned **2.96 g/t gold over 6.0 metres (139.0m to 145.0m)**. Full results are listed in Table One in this news release.

Table 1: Full Drill Results, Summer 2007 Drilling Program at Canadian Creek Property

Hole	From – To (metres)	Interval (metres)	Gold (g/t)	Copper (ppm)	Molybdenum (ppm)
07-01	16.8-117.0	100.2	0.12	558	73
07-2	45.0-108.0	63.0	0.14	508	76
Incl.	45.0-48.0	3.0	0.69	216	27
07-3	4.6-208.5	203.1	0.17	309	13
Incl.	168.2-171.5	3.5	1.91	340	29
Incl.	201.5-204.5	3	0.19	3,100	331
07-4	9.1-145.0	135.0	0.31	516	15
Incl.	139.0-145.0	6.0	2.96	134	2
07-5	7.9-112.8	103.9	0.14	655	20

These results add to the potential of the Canadian Creek property, which had previous drill results in 1994 and 2000 with 150 metres grading 0.49 g/t gold, including 47 metres grading 0.73 g/t gold in one hole and 26 metres grading 1.04 g/t gold in another hole. This year's drilling was performed in the eastern region of the Canadian Creek property at distances of 1,500 to 2,000 metres west of the Casino copper-gold-molybdenum deposit (see attached diagram). The Casino deposit has measured and indicated resources of 1.12 billion tonnes grading 0.24% copper, 0.21 g/t gold and 0.02% molybdenum (E.D. Titley, Report Revised Resource Estimate, Casino Property, Yukon Territory, for Lumina Copper Corp., Feb 27, 2004 filed on SEDAR). The Casino deposit was recently sold to Western Copper Corporation by Great Basin

Gold Limited (TSX: GBG). To view photos of the property and the drill program, please visit our website at www.caribooroze.com.

Core was logged by and sampled in the field under the supervision of Bob Johnson P.Geo. Analysis was performed by Eco-Tech Laboratories, a certified facility located in Kamloops B.C., using multielement

Cariboo Rose Resources Ltd. CRB TSX-V

suite 110 - 325 Howe Street, Vancouver, BC Canada V6C 1Z7
tel: 604-681-7913 fax: 604-681-9855 toll free: 888-656-6611
email: info@eastfieldgroup.com website: www.caribooroze.com



(I.C.P) procedures with gold determined using a 30 gram geochemical assay. External standards were inserted into the sample sequence on a ratio of approximately one standard per twenty-five samples. J.W. (Bill) Morton P.Geo. is the qualified person who has reviewed and takes responsibility for this news release.

J.W. Morton

J.W. (Bill) Morton, P.Geo.

President

Contact: Paul Way, Business Development Manager
(604) 681-7913
Toll Free: 888-656-6611
pway@eastfieldgroup.com

Or visit the Company's website at: <http://www.caribooroze.com/>

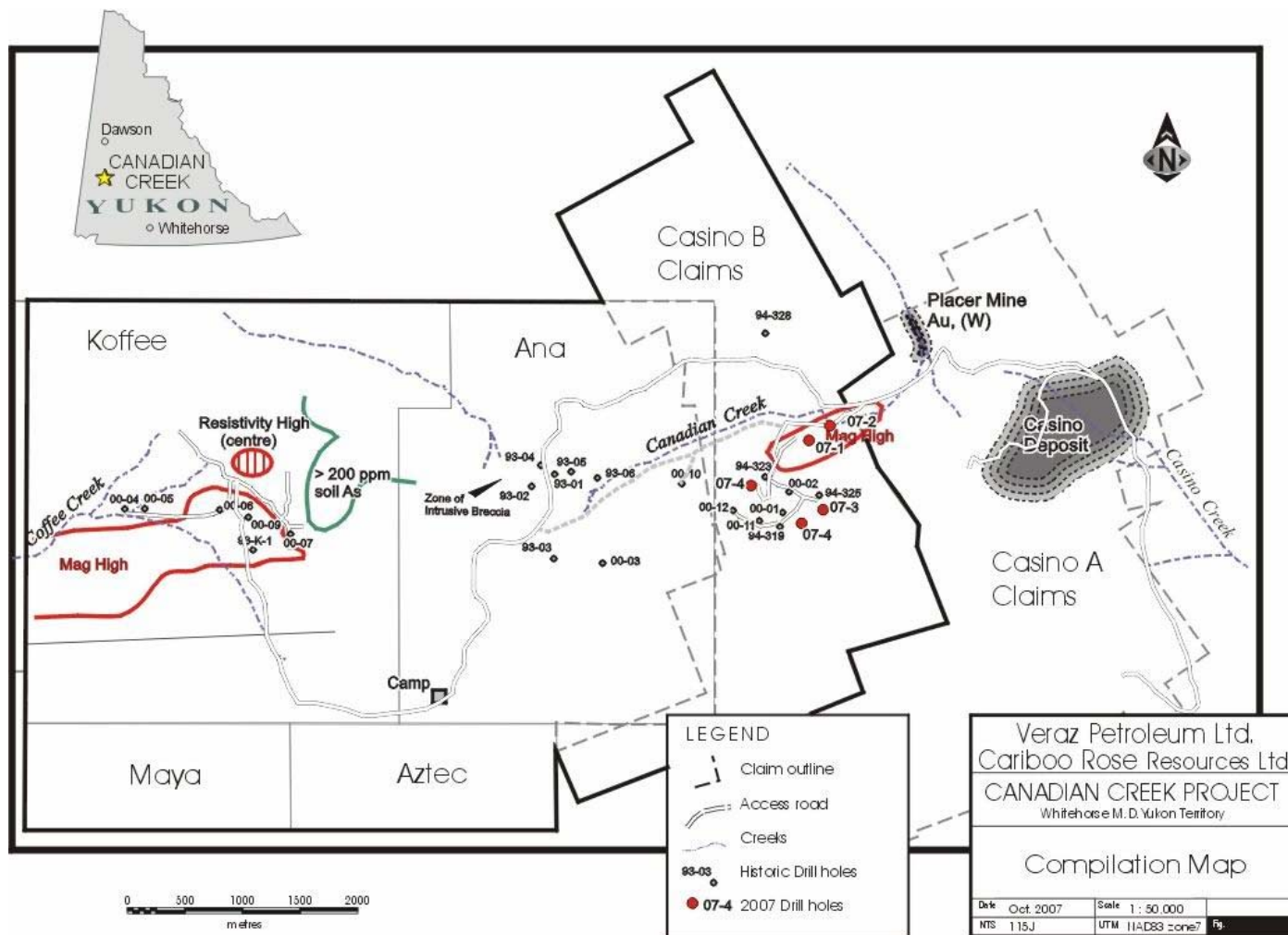
About Cariboo Rose Resources Ltd.

Cariboo Rose Resources Ltd. is a Canadian public resource company that trades on the TSX - Venture exchange under the symbol CRB and currently operates five mineral exploration projects in Western Canada. It was spun off from Wildrose Resources Ltd. (TSX-V: WRS) in 2006, to allow Wildrose to focus on the Spanish Mountain Project. Cariboo Rose is part of the Eastfield Group. Since its inception in 1987, the Eastfield Group has utilized a successful business strategy that leverages its exposure by securing third party exploration financing on the majority of its projects. The other companies in the Eastfield Group are Eastfield Resources (TSX-V: ETF) and Wildrose Resources.

The TSX - Venture Exchange has not reviewed and does not accept responsibility for the adequacy or accuracy of this release. This news release may contain certain "Forward-Looking Statements" within the meaning of Section 21E of the United States Securities Exchange Act of 1934, as amended. All statements, other than statements of historical fact, included herein are forward-looking statements that involve various risks and uncertainties. There can be no assurance that such statements will prove to be accurate, and actual results and future events could differ materially from those anticipated in such statements. Important factors that could cause actual results to differ materially from the Company's expectations are disclosed in the Company's documents filed from time to time with the TSX - Venture Exchange, the British Columbia Securities Commission and the US Securities and Exchange Commission.

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suite 110 - 325 Howe Street, Vancouver, BC Canada V6C 1Z7
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LEGEND

- Claim outline
- Access road
- Creeks
- 93-03 Historic Drill holes
- 07-4 2007 Drill holes

Veraz Petroleum Ltd.
 Cariboo Rose Resources Ltd.
CANADIAN CREEK PROJECT
 Whitehorse M.D. Yukon Territory

Compilation Map

Date	Oct. 2007	Scale	1 : 50,000
NTS	1:15J	UTM	11AD83 zone77