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NEWS RELEASE

Vancouver, September 26, 2018, **Cariboo Rose Resources Ltd. ("Cariboo Rose" or the "Company") (TSX-V: CRB)** has approved the granting of stock options to directors, officers, and consultants for the purchase of 300,000 common shares of the Company at \$0.05 per share for a 5 year period pursuant to the Company's Stock Option Plan.

David M Douglas, CPA, CA CFO, Director Cariboo Rose Resources Ltd.

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